



## PERSONAL SAFETY AND SOCIAL RESPONSIBILITIES

**Target Group:** Seafarers employed or engaged in any capacity on board ship.

**Objectives:** Compliance with the Code of Safe Working Practices  
Survive at sea in the event of ship abandonment.  
Minimize the risk of fire and maintain a state of readiness to respond to any emergency situations onboard a vessel.

**Introduction:** This learning opportunity is designed for the training of all seafarers in any capacity wishing to pursue a career at sea.  
This learning opportunity is designed in such a way as to achieve the Survival at Sea competencies as described in the STCW and SAMSA Codes respectively

**Outline:**

- Comply with Emergency Procedures
- Take precautions prevent pollution to marine environment
- Knowledge and observation of safe working practices
- Contribute to effective human relationships on board ship
- Contribute to effective communications on board ship
- Understand and take necessary actions to control fatigue

**Prerequisites:** ABET Literacy  
Medically fit for sea

**Duration:** 2 Days

**Completion: Exit level:**

The competent learner will be able to perform the role of a competent crew member onboard.

**Assessment:** Written assessment & Practical evaluation

**Certification:** SAMSA STCW Certificate of Completion

**STCW Ref:** A-VI/1- 4

**Validity:** 5 years

